

Student Hospital Connections

General Body Meeting

March 3rd, 2021

This meeting will be recorded!

Today's Agenda



RECAP AND UPDATES

What is SHC up to?
What's to come?



NOTION

How to make the best
out of SHC's Notion
page?



MEDICAL SCHOOL MYTHS

Is it a myth? Or is it
plausible? Let's find
out!

01.

**February Recap
& March
Updates!**

February MedShare Events!

9

**Total Number of
SHC Volunteers**

87

**Total Number of
Boxes Made**

644

**Minimum Weight
of the Boxes**

534

**Minimum Number
of Patients Helped**

Blanket Making Drive + Mercy Care Donations for Meal Kits!



62

Total Number of
Blankets Created
through the Blanket
Making Drive!

\$706

Total Amount of
Mercy Care Donations
and Funds!

Enough to make more than 150
meal kits!



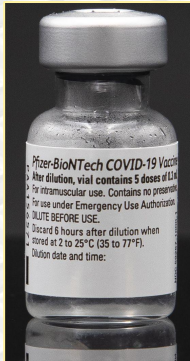
Vaccine Social Event & GT Vaccination Clinic



Vaccine Social Event

Most members who attended were VERY familiar with the vaccine, have no hesitations and believe that it is safe!

[Link to the Recording](#)



9

Number of SHC members who have started or will begin assisting Stamps with vaccinations!

STAMPS Moving Forward

Our Road to Recovery

March SHC Events!

Boys and Girl Club Virtual Service Project

- **March 16th and March 30th from 4-6 PM** - Sign up coming soon!
- Connect with young students and teach them a STEAM concept!
- Hosted by SHC Outreach Team

SHC + URA Research Event (virtual)

- **March 18th from 7-8 PM**
- Introduction to Research + Research Panel and Q&A

SHC + AMSA Advocacy Mercy Care Food Packing Event (in-person)

- **March 25th from 3:30-4:30 PM at Clary Theater** in Bill Moore Student Success Center
- Sign up coming soon!

MedShare Group Volunteering - REMINDER: You can use our reimbursement program!

- **March 13th from 1-4 PM**
- Sign Up [here](#) by Saturday March, 6th!

SHC Fundraising Event

- More coming soon!

Upcoming March Pre-Health Events!

All information can be found [here](#).

- **Mar 11:** AMSA + Pre-Health Advising Collab Event – Talks With Francisco: Medical School Selection (8-9 PM)
- **Mar 16:** Personal Statement Bootcamp
- **Mar 23:** Michigan School of Medicine Visit (11:30AM)
- **Mar 23:** Staying on Track: Navigating AMCAS + Application Year Timeline (7PM)
- **Mar 23:** Application Sibs Check-In (6:30 PM)
 - Program-specific, not open to all pre-health
- **Mar 24:** 2022 Application Cycle Check-In (Drop-In)



02.

Using SHC's Notion Page

**Any
Questions?**

03.

Debunking Medical School Myths!

Kahoot ID: 2010480

Myth or Truth?

Anything that I pursue in college in terms of non-medical involvements and extracurriculars have just as much value as a part of my medical school application as pre-med and medicine-related activities.



Truth!

Medical School Admissions Committees are just as interested in what drives you personally and what your unique passions and ambitions are as they are in what fuels your desire to pursue a career in medicine!

Myth or Truth?

The MCAT will be the hardest test you will have to take between undergrad and medical school!



Plausible!

There is debate over whether the US Medical Licensing Examination or the MCAT is harder/more stressful! Let's look at some of the contributing factors!

MCAT vs USMLE

MCAT

USMLE

Length	230, 7 hours 30 minutes in a single day	Almost 600, Over 20 hours fragmented in steps that occur at different times in medical school
Pass Rate	50% >500; 15% above 510	95% pass
Question types	All multiple choice	Multiple choice, simulations, practical examinations
Importance	Very high! A primary determinant of whether or not you will go to medical school. Only about 40% of applicants get into medical school, but about 85% graduate from medical school!	High! Must pass to become a physician, and Important to score well in order to match into ideal residencies, but 95% will still match somewhere!

Myth or Truth?

I need to take any and every research experience I can to get into medical school, especially if it takes up a ton of hours and gets me a letter of recommendation. The more complex and prestigious sounding, the better.



Myth!

You should find research projects that make you enthusiastic. If you take anything you can get, it will be challenging to sound excited when writing or talking about your work. You'll be at an advantage by communicating your genuine fascination with research. Your curiosity, not your sense of competition, is what should be driving you.

Myth or Truth? ... after Medical School

“A month ago you were in med school being taught by doctors. Today, you are the doctors. The seven years you spend here as a surgical resident will be the best and worst of your life. You will be pushed to the breaking point. Look around you. Say hello to your competition. 8 of you will switch to an easier specialty. 5 of you will crack under the pressure. 2 of you will be asked to leave. This is your starting line. This is your arena.”

- Chief Webber, Grey's Anatomy Pilot Episode



Plausible!

Medical residency program attrition rates vary depending on a number of factors. These factors include specialty, workload, and minority identity. There have been many studies on this data, however there are no conclusive universal rates or percentages of medical school graduates who continue on to becoming a doctor.

Myth or Truth?

The toughest part of medical school is ACTUALLY getting into medical school. Afterwards, it'll be much easier!



Myth!

The beauty about medical school is that you will be pushed and challenged out of your comfort zone. Your teachers, peers and attendings will be honest with you because they want you to be best version of yourself! Plus, you will also have to study and take the USMLE!

Myth or Truth?

Once I'm in medical school, I'm going to be pretty much only studying and have very little free time for anything else in order to focus on my classes.



Myth!

Medical schools still love for their students to do extracurriculars and outside activities that are important to you! While your classes will be very time intensive, you should still have time to be yourself and grow as a person outside of school!

The MD Curriculum

(actual dates can vary and content is subject to change)



EMORY
UNIVERSITY
SCHOOL OF
MEDICINE

YEAR	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY
1	PHASE 1: FOUNDATIONS OF MEDICINE											
	Healthy Human				Human Disease							
	Small Group - Essentials of Patient Care (EPC)											
	Community Learning & Social Medicine (CLSM)											
					Outpatient Clinical Experience (OPEX)*							
					Anatomy (Dissection) Lab							
*Clinical training begins early in the first year and continues with clinical rotations starting in the second year												
2	PHASE 1 - cont'd				USMLE Step 1				PHASE 2: APPLICATION OF MEDICAL SCIENCES			
	Human Disease - cont'd								Clinical Rotations			
	Small Group - EPC - cont'd								Small Group - Clinical Years			
	CLSM - cont'd											
	OPEX - cont'd											
	Sophomore Elective											
3	PHASE 2 - cont'd						USMLE Step 2 (CS/CK)		PHASE 3: DISCOVERY			
	Core Clerkships - cont'd											
	Small Group - Clinical Years - cont'd											
4	PHASE 4: TRANSLATION OF MEDICAL SCIENCES									Capstone		
	Emergency Medicine, Critical Care, Sub-Internship, Electives, Residency Interviews											

Myth or Truth?

I will become more familiar and comfortable with the human body. Chances are my peers will be asked to wear shorts and sports bras and I will be required to complete physicals and practice clinical skills on my peers.



Truth!

Medical schools want you to become comfortable with the human body (yours and others!) You will be working in a field where you will need to examine a patient and at times that is not possible with clothes on.

Myth or Truth?

If I have a high MCAT score, high GPA and a lot of clinical experience, I will probably get into medical school.



Myth!

Having a high GPA and MCAT score is a bare minimum! You have to be genuinely passionate about medicine, understand the physician's role in healthcare and the physician-patient relationship. You have to have the ability to communicate effectively and compassionately and a good moral character! You have to be able to grow and have a capacity for self improvement!

Myth or Truth?

Most medical students start doubting themselves. They start feeling like they won't be able to make it through. Imposter syndrome is a thing!



Truth!

Many students begin to feel discouraged as they begin their home lives and start having more responsibilities or they begin slipping in grades. The need to do more is there and many students begin to fear that they will not be good enough doctors. It's important to remember that everyone will go through this at least once during their four years, but having a growth mindset and a positive outlook is important!